



**WELCOME to the  
6<sup>TH</sup> ANNUAL SYMPOSIUM of the  
AMERICAN ACNE & ROSACEA SOCIETY**

**Friday, February 4, 2011**

JW Marriott

New Orleans, Louisiana

**THE MISSION OF THE AMERICAN ACNE & ROSACEA SOCIETY**

- Promote, support, develop and provide a forum for the exchange of information about acne and rosacea
- Promote acne and rosacea clinical research and mentoring opportunities for dermatology professionals
- Improve care of patients who suffer from acne and rosacea



## 6<sup>th</sup> ANNUAL AARS SYMPOSIUM PROGRAM

7:00 PM – 8:00 PM	<b>Registration/Members' Reception</b>
8:00 PM	<b>Annual Symposium Begins</b>
8:00 PM – 8:15 PM	<b>Welcome and President's Update</b> James Del Rosso, DO, FAOCD, AARS President
8:15 PM – 8:30 PM	<b>Clinical Research and Mentoring Grant Recipient Update</b> Diane Thiboutot, MD, FAAD, AARS President-Elect
8:30 PM – 9:15 PM	<b>Open Forum: Ask the Acne and Rosacea Expert Panel</b> Panel discussion moderated by James Del Rosso, DO, with experts comprised of Lawrence Eichenfield, MD; Richard Gallo, MD, PhD; James Leyden, MD; Diane Thiboutot, MD; and Guy Webster, MD, PhD
9:15 PM – 9:50 PM	<b>Are You Smarter than a Dermatology Resident? Gameshow Hosted by James Del Rosso, DO</b> Three dermatologist contestants (Drs. Jonathan Weiss, Guy Webster, and Andrea Zaenglein) competing against 3 dermatology residents (Susun Bellew, DO, Heather Salvaggio, MD, and Ninad Pendharker, MD)
9:50 PM – 10:00 PM	<b>Closing Remarks:</b> James Del Rosso, DO, FAOCD, AARS President
10:00 PM	<b>Annual Symposium Concludes</b>

### EXECUTIVE COMMITTEE

James Del Rosso, DO, President  
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## 2011 AARS MENTORSHIP GRANT RECIPIENT

**Victoria Kuohung, MD** – Mentorship with Alan Shalita, MD of SUNY Downstate

Becoming a dermatologist was not something I initially envisioned. Throughout my adult life, I have wanted to have impact working with underserved communities. With little previous exposure, I entered medical school with the mistaken notion that dermatology was simply the province of vanity. But as a medical student working in remote and underserved regions, I saw first-hand the tremendous difference between the need for dermatological expertise and actual access to care.

In the sole medical clinic on Unalaska, in Alaska's Aleutians, we thumbed through dogeared textbooks to match pictures with patients, trying to diagnose skin disease. At Bolivia's largest children's hospital, I saw a pediatrician turn away a child with a large verrucous nodule at his chest after his mother had traveled from the countryside, because no dermatologist was available. I witnessed hundreds of people waiting for hours in the sweltering heat to be seen in the dermatology clinic at Mulago Hospital in Kampala, Uganda. Through these experiences, I understood that I could have a strong impact in dermatology by continuing my commitment to underserved communities.

As a resident, I quickly realized that I did not have to travel abroad to confront evidence of the continuing gap between effective dermatological care and the resources people can access. I work with the socioeconomically diverse communities of color served by Tufts Medical Center and Boston Medical Center. Although some of my patients have had more exotic skin diseases such as dermatomyositis or leprosy, the great number of my patients suffer from common conditions such as acne and rosacea, which can be no less debilitating and disfiguring. In their quest to find a cure, my patients have often taken the advice of hairdressers or TV ads to spend money on treatments which have failed to improve their acne, or made their post-inflammatory hyperpigmentation worse with imported bleaching creams. In addition, while rotating through the Indian Health Services on the Navajo reservation in Chinle, Arizona, I encountered numerous Native American patients with rosacea which neither they nor their primary care physicians knew how to identify or manage.

Patients may also delay treatment entirely because of their embarrassment about how their acne has ravaged their skin. I recently worked with a teenaged boy now on his third month of isotretinoin. His nodulocystic acne had left deep gaping coin-shaped scars across his upper and mid chest, as well as nearly his entire back. For years he had hid his condition from his family because he was ashamed about how he looked. His father now asked whether the isotretinoin could cure his son's scars. I had to tell them that nothing would help his skin look the way it did before.

It is because of my patients like this teenager that I seek to help bridge the gap between access and effective care for acne and rosacea. In the long term, I wish to continue my work in acne and rosacea with a focus on treating adolescents from underprivileged backgrounds, who may not have the insurance coverage to be able to afford state-of-the-art medications to treat their conditions. I see the AARS mentorship grant as one of the first steps I can take to sharpen my lifelong skills and sensitivity in treating acne and rosacea.

## 2011 AARS CLINICAL RESEARCH GRANT RECIPIENTS

### **Jacquelyn Dosal, MD**

*Effect of Tetracyclines on the Development of Vascular Disease in Veterans with Acne or Rosacea*

Name of institution: University of Miami

Study Sponsor: Jonette Keri, MD, PhD

### **Luis Andres Garza, MD**

*Effects of Antibiotics and Acne on the Skin Microbiome*

Name of Institution: Johns Hopkins University

Study Sponsor: Sewon Kang, MD

### **Emmy Graber, MD**

*Patient and Parent Attitudes towards Isotretinoin: Both Before and After Treatment*

Name of Institution: Boston University

Study Sponsor: Diane Thiboutot, MD

### **Laura Marinelli, MD**

*Characterizing the Mechanisms of Lysis and Lysogeny in *Propionibacterium acnes* Bacteriophages*

Name of Institution: University of California, Los Angeles

Study Sponsor: Robert Modlin, MD

## CORPORATE BENEFACTORS

The AARS is grateful and honored to recognize its corporate benefactors. These contributions enable the AARS to implement its programs, including the annual meeting, newsletter, mentoring grant, clinical research grant and all medical education, as well as to educate the next generation of leaders who will, in turn, strengthen the future for all in medical dermatology.



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### NEXT MEETING NOTIFICATION!

The next Board of Directors' Meeting and meeting of the members of the AARS will be held during the Academy '11 meeting in August, 2011 in New York, New York. Check our website for more information in the coming months!